



The Commonwealth of Massachusetts

Town of Acushnet, Council on Aging
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# Council on Aging. Board of Directors Meeting Minutes – Wednesday, March 11, 2020

Present: Linda Guilbeault, Chair; Deborah Raposa; Pauline Texeira; Carol Simpkin, Maurice

Samson; Gerard Bergeron, Vice-Chair; Heather Sylvia, Director

Excused: Paulette Hudson

Absent: None

Guests: None

Meeting was called to order at 10:05 a.m. by Chairman Linda Guilbeault and was seconded by Pauline Texeira. Ms. Guilbeault proceeded to ask Board Members to review the minutes from the January meeting. This March meeting was audio and video recorded by Mr. John Golda.

### **MINUTES**

Meeting minutes from January 8, 2020 were reviewed and accepted.

## **OLD BUSINESS**

It was announced that Ms. Deborah Raposa has been voted the new Acushnet rep. for the Advisory Board at Coastline Services. Thank you, Deb!

#### **NEW BUSINESS**

Ms. Sylvia reported that Coastline has performed their annual audit of the Title III grant that partially covers the cost of the Strong Women, Strong Bones program. The audit was successful with no recommendations.

The COA Board discussed the need for building coverage for several upcoming events including AYAA sign ups and the New Bedford Garden Club plant sale. Board members will check their calendars and contact either Heather or Linda with their availability.

A Medicare 101 seminar has been scheduled at the COA for March 18, 2020 at 2:00 p.m. This workshop will be presented by Fallon Health but will include no sales pitches or information about their supplemental plans. It will be informational only.

HomeInstead Senior Care has started a Lunch and Learn program at the COA. This program is free and open to the first 15 participants to register. Next month's topic will cover starting a garden from seed.

Walk-Fit with Ellie Higgins is a new indoor walking program that will start Thursday, April 2<sup>nd</sup>. \$4/per person.

The Acushnet Cultural Council has once again generously awarded funding for programming at the COA. Mr. Davis Bates, Story Teller, will perform on April 6, 2020 at the COA. This performance will include a pizza lunch.

## **FUTURE BUSINESS**

The next monthly meeting of the COA Board will be held in the COA library on Wednesday, April 8, 2020.

Respectfully Submitted,

Heather Sylvia, Director