



The Commonwealth of Massachusetts
Town of Acushnet, Council on Aging
59 ½ South Main Street, Acushnet MA 02743
Telephone 508.998.0280

Council on Aging Board of Directors

Meeting Minutes
January 9, 2019

Present: Linda Guilbeault, chair; Gerard Bergeron, vice-chair; Marie Hardy; Pauline Teixeira; Heather Sylvia, Director.

Excused: Paulette Hudson; Maurice Samson

Absent: Richard DeBalsi

Guest(s): None

Meeting called to order at 10:05 a.m. by Chairman Linda Guilbeault and was seconded by Pauline Teixeira. Ms. Guilbeault proceeded to read the COA office phone number out loud for those watching channel 18 that wanted to call in for more information about programs and events.

This meeting was audio and video recorded.

MOMENT OF SILENCE

A moment of silence was held in memory of the clients and residents that have passed away since the COA's last meeting.

MINUTES

The minutes of the December 2018 meeting were read. Marie Hardy voted to accept the minutes read with one correction. The motion was seconded by Pauline Teixeira. The vote was unanimous to approve.

OLD BUSINESS

COA Code of Conduct and Standards – A second reading of the COA Code of Conduct and Standards of Independence Procedure policy was completed by the board with no suggested

changes or corrections. Mr. Gerard Bergeron made a motion to accept the policy as read. The motion was seconded by Pauline Teixeira. The vote to accept was unanimous.

AARP Age Friendly Application Status – Ms. Sylvia informed the COA Board that she had received notification about Acushnet's entry into the AARP Network of Age-Friendly Communities. The official presentation of the certificate from AARP to the Selectmen will be scheduled for a future date.

NEW BUSINESS

Peer to Peer Check in Group - New Bedford Area Recovery Connection Center will offer a Peer Check in Group for those living with mental health/substance abuse/dual diagnosis/or even supporting a family member or friend who is experiencing the above. Acushnet Senior Community Center, 59 ½ South Main Street. Last Tuesday of every month 11:00 a.m. –12:00 p.m. Come stop in for a cup of coffee, conversation and to give each other social support and recovery encouragement and to make new peer to peer connections. For more information contact Krista Cormier, Community Liaison, 508-675-3137 The next meeting will be Tuesday, January 29, 2019.

Upcoming Trips – The Acushnet COA will offer the following upcoming trips: Foxwoods Casino on 2/14, Newport Playhouse on 4/26, Martha's Vineyard in June, Foster's Down East Clambake in July.

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2019 Winter Wellness Workshop - Free workshop about Sound and Energy Healing every Wednesday in February.

Other – The COA Board congratulated Mr. Gerard Bergeron and his birthday and his official retirement from the Acushnet Fire Department. Mr. Bergeron will continue to serve on the COA Board of Directors and also as the Town's EMA Director.

FUTURE BUSINESS

The next meeting of the Council on Aging Board of Directors will be held on Wednesday, February 13, 2019 at 10:00 a.m.

Respectfully Submitted,

Heather Sylvia

Heather Sylvia
Director