## RECEIVED

2023 MAR 14 A 10:53

Town of Acushnet
Office of
Council on Aging
59 ½ South Main Street
Acushnet, MA 02743
Phone (508) 998-0280

## Minutes of the February 8, 2023 Board of Directors Meeting

Present: Linda Guilbeault, chairperson, Gerry Bergeron, Joan Howland, Paulette Hudson, Deborah Raposa, Dan Smith, Pauline Teixeira and Heather Chew, Director.

**Guest: None** 

Meeting Mail: None

A motion was made by paulette Hudson to start the meeting and this was seconded by Pauline Teixeira. The meeting opened at 10:00 am.

**Old Business:** The Cultural Council gave a grant to sponsor a workshop on March 29th,2023 entitled: Carving Out Your History. We wish to thank them for funding this program.

New Business: Coastline Elderly Services will be holding a Legislative breakfast on March 3rd from 9 am-11 am. It will Be held in the Whaling conference room at CES. RSVP (508)9906400.

On March 4th, 10:00 am there will be a de-escalation training with the LGBTQ network.

On Saturday March 18th at noon there will be a presentation at the ACOA of Have you heard about Greg.

A movie from 12:00-1:30

Meet and Greet: 1:45-2:15 followed by a book signing by Greg O'brien. This presentation is about Greg and his diagnosis of early onset Alzheimer's.

This program is sponsored by P.J. Keating.

MOU with the United Way: The agreement between the United Way and the ACOA will be effective from February 2,2023 until April 27,2023. The Agency will provide food for qualified low-income to moderate income persons and families. The agency will provide income certification forms to the ACOA in order to confirm that at least 51% are below the low income financial status. This is a free program.

Moving with Moxie, a balance and circuit training group will be starting on 2/20/2023 at a cost of \$5.00. It will be held the 1st and 3rd Monday of the month from 1-2 pm.

Free manicures by the Old Colony High School Cosmetology Dept will be held March 2nd and April 13th.

As there is no further business, a motion to adjourn was made by Paulette Hudson and seconded by Pauline Teixeira.

The next meeting will be held March 8th, 2023.

Respectively submitted.

Paulette Hudson